

Frequently Asked Questions (FAQ)

Q: How many people can be in a Seton Small Group?

A: While there is no specific rule, most small groups have between 8-12 people.

Q: How often do Seton Small Groups meet?

A: Most groups meet twice a month, some year around and some taking a short break over the holidays or summer. Groups pick a time and day of the week depending on the availability of the members.

Q: Where do Seton Small Groups meet?

A: After groups become familiar with each other, most groups meet in the home of a group member (or rotate homes). Groups can also meet at Seton or another common location. *Due to the pandemic, some groups are meeting only virtually via Zoom (with hopes to return to in-person as soon as possible!)*

Q: How long does a Seton Small Group meet?

A: Typical group meetings last an hour and a half, though groups meeting over Zoom have been meeting closer to an hour.

Q: Can I join an existing Seton Small Group? How can I find out what Seton Small Groups are currently meeting?

A: Contact Elisabeth Groot (EGroot@setoncarmel.org) to indicate your interest in a Seton Small Group. It may be possible to join an existing group or others that are planning to start a new group.

Q: What does a meeting of a Seton Small Group look like?

A: While groups might look a little bit different, a typical small group meeting consists of the following:

- some time to reconnect with each other
- some focus time on reviewing & discussing some spiritual content (some reading, a video or devotional material)
- reading the gospel reading for the upcoming Sunday
- sharing prayer intentions and praying for each other
- praying the Lord's Prayer together
- using any remaining time for mingling and possibly snacks (group decision)

Q: What type of content does a Seton Small Group discuss?

A: While new groups typically use a common starting content to help the group get to know each other and understand the intent, a variety of Catholic content is available and groups will work together and with their group leader to decide ongoing content. The group may work through a book together reviewing one chapter or section at a time, review a series of videos or Catholic study content, or do a specific study for Lent, Advent or another focus.

Q: Do Seton Small Groups require 'homework' or 'preparation'?

A: Other than praying for fellow group members between meetings, the amount of preparation for small groups may be reading a short section of material, pre-viewing a video, or no preparation at all as agreed upon by the group.

Q: If I have several friends that would like to be in a Seton Small Group, can we start a new group together?

A: Joining or starting a new small group with some friends can work well. Contact Elisabeth Groot (EGroot@setoncarmel.org) to indicate your interest to join or start together and discuss group leadership.

