

Seton Small Groups Resources

Small Group Formation Resources:

Whole Community Catechesis in Plain English by Bill Heubsch

From the back cover -- "...concrete suggestions for a step-by-step process for implementing this catechetical model: linking liturgy and catechesis, making Christ the center of catechesis, focusing on the household, organizing assemblies, and more." Includes appendices that provide sample handouts, outlines for prayer and meetings, and organization tools.

Creating Small Christian Communities by Barbara A. Darling

A book that helps initiate small Christian communities in the Church.

Getting a Grip on Your Group by Barbara A. Darling

A guide for discerning priorities in your small Christian community.

Leadership Skills for Peer Group Facilitators by Joan Sturkie and Charles Hanson, PhD

A guidebook to help master the skills needed for successful group leadership. The authors discuss the positive and negative aspects of leading groups and share their solutions for dealing with common problems.

Creating Small Faith Communities by Arthur R. Baransowski

A plan for restructuring the parish and renewing Catholic life. From the back cover -- "This is the story of a pastor's vision of church and a parish's journey to renewal."

Living the Faith Community by John H. Westerhoff III

From the back cover -- "John Westerhoff envisions the Church as the one community able to humanize society, nurture Christian growth, and create the kind of life God intends."

Sharing Prayer: Simple Formats for Small Groups by Mary Sue Taylor

Contains 10 cycles (sessions) that focus on five formats that provide structure to keep prayer sessions fresh and alive.

RENEW International

PrayerTime (Cycles, A, B and C) "offers a resource for faith sharing based on Scripture. Using the Sunday gospel Cycles as the focus, meaningful reflections, focused faith-sharing questions, related actions for consideration, and prayers on each Sunday reading are proposed as sources for nourishment, renewal, and inspiration." Groups should prepare to meet weekly.

PrayerTime Cycle A

PrayerTime Cycle B

PrayerTime Cycle C

Small Group Studies

Thomas Merton: *Bridges to Contemplative Living*

A series of studies that "leads participants on a journey toward spiritual transformation and a more contemplative and peace-filled life. Each eight-session booklet provides an introduction to Merton

Seton Small Groups Resources

and contemplative living through prayers, readings from Merton and other spiritual masters, and questions for small group dialogue."

Fr. Mitch Pacwa, S.J.

Fr. Mitch Pacwa is a renowned spiritual leader, popular American Jesuit scripture scholar and TV host who has written several Bible studies that include catechesis, discussion and a call to put the learning into practice. Each Bible study has 7 or 8 sessions. Following are in the Seton Library. This is just a partial list of what is available. More information is available at <https://www.catholiccompany.com/father-mitch-pacwa-c1354/>

The Holy Spirit: A Bible Study Guide for Catholics

The Year of Faith: A Bible Study Guide for Catholics

St. Paul: A Bible Study for Catholics

Stephan J. Binz: Threshold Bible Study

From the back cover -- "*Threshold Bible Study* is a dynamic, informative, and inspiring way to enter into a deeper relationship with God through Scripture. Each of its thirty-lesson, theme-based books will help readers explore (through the *lection divina* method of reading, study, reflection, and prayer) new dimensions of their faith. It will help them discover deeper insights for their lives and help open the doors of their hearts to the risen Christ."

The Sacred Heart of Jesus

The Lamb and the Beasts

The Holy Spirit and Spiritual Gifts

Pilgrimage in the Footsteps of Jesus

Advent Light

Loyola Press: Six Weeks with the Bible by Kevin Perotta (or Joe Paprocki)

Each study is a six-week study. "The guides in this series provide meaningful insights that explain Scripture while helping readers make connections to their own lives." This series will help the participant reflect on the Bible's deeper meanings and incorporate them into his/her life to grow not only in his/her understanding of God's word, but also in his/her relationship with God."

Celebrating the Mass

Finding Christ in Your Marriage

Proverbs

Acts

Mark

Seton Small Groups Resources

Galatians

Amos/Hosea/Micah (by Joe Paprocki)

My Catholic Life! By John Paul Thomas (an anonymous priest)

A series of small group studies that cover the riches and beauty of the Catholic Faith. Series of three follows the pillars of the Catholic Catechism. Discussion questions available online. Kindle version of first book available for free on Kindle. 2nd and 3rd in series available on Kindle for \$3 each. Also a book of Lent and Easter Reflections available.

My Catholic Faith! A Complete Summary of the Doctrines of our Faith, 8 sessions.

My Catholic Worship! A Complete Summary of the Greatest Treasures We Have, 11 sessions.

My Catholic Morals! A Complete Summary of Catholic Morality, 8 sessions.

Lent and Easter Reflections: Catholic Daily Reflections, but can discuss a few days' reflections at a meeting.

Christopher Ruff -- The Discipleship Series

A series of small group studies that fosters a deeper discipleship in Christ and forms disciples growing in love of God and love of neighbor. Six sessions each.

As I Have Loved You

The Greatest of These is Love

Who Is My Neighbor

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The Profession of Faith: What We Believe (12 Sessions. This study "illuminates our understanding of the *Catechism of the Catholic Church* and explores how these important truths of our faith affect what we believe, how we see the world, how we see ourselves, and how we regard our purpose in life."

Arise Together in Christ, Season Two: Change Our Hearts (A series. Seton only has this one resource) From the back cover -- "Arise Together in Christ is a three-year, parish-centered process of spiritual renewal and evangelization that enables people to deepen their faith, develop a closer relationship with Christ, grow in community, and reach out in service to others."

Catholic Christian Outreach Faith Study Series

This series focuses on the five aspects of the formation of a Missionary Disciple (Encounter, Conversion, Discipleship, Communion, Mission). "The ultimate goal of CCO's Faith Study series is to form Missionary Disciples who embrace their baptismal call to pursue holiness and embrace the Church's primary mission of evangelization."

Discovery

Seton Small Groups Resources

Source

Growth

Trust

Commission

Little Rock Scripture Study - Alive in the World

Resources to deepen one's understanding of Scripture and offer meaning for one's life today and help one pray and act in response to God's word.

Trust by John F. Craghan

Lent by Amy Ekeh

Mary Magdalene by Dinah Chapman Simmons

Baptism by Justin Huyck

Forgiveness by Virginia Herbers

Mery by Laura Kelly Fanucci

The Kingdom of God by Frank J. Matera

Hope by Janet Schaeffler

Serendipity House:

Small Group Kickoff Retreat: Experiential Training for Group Leaders
A retreat that helps prepare small-group leaders.

Great Beginnings
Six interactive sessions to help develop a sense of connection within a group.

Little Rock Scripture Study - Bible Studies

(Prior to 2001. Updated materials are now available. See

<https://littlerockscripture.org>). A seven or eight week program. "Little Rock Scripture Study provides an effective method of Bible study that shapes God's people into faithful and active disciples. Through prayer and study, adults learn more about the Bible and its message, learn to use the tools that help in understanding, grow in their appreciation for Christian community life, and encounter Christ in ways that are transforming" (taken from the Little Rock Scripture website).

Wisdom

Seton Small Groups Resources

Job

The Gospel According to John and the Johannine Epistles

Genesis

Exodus

The Way of Justice and Peace

Note: More materials are available online

RCL - Exploring Our Catholic Faith

Manual and Themes 1 - 26

Advertised as "engages adults in a process of learning, reflection, and prayer that leads to action."

The study is comprised of 26 four-page leaflets that provides a clear, concise overview of the doctrine of the Catholic faith for adults and draws from the *Catechism of the Catholic Church*.

St. Anthony Messenger Press - Gathered in His Name by Margo Doten

Six-week meeting guides that inform and encourage Catholics "to embrace their faith and its rich tradition.

Each series guide consists of a historical context, spiritual exercises and several ways for small groups to interact and grow together."

The Sacraments, binder, 4 participant guides

The Gospel of Mark, binder

The Old Testament, binder, 10 participant guides

Lent & Easter, binder, 2 participant guides

Making Connections, 1 participant guide

The Spirit of Vatican II, binder, 13 participant guides

The Word Among Us

Living as a Beloved Daughter of God by Patricia Mitchell and Bill Bawden

From the back cover -- "This sixteen-session guide will help women grow in their relationship with God and with one another while deepening their understanding of the Catholic faith. Prayer, mercy, the Eucharist, forgiveness, friendship, emotions, stewardship, and other topics are explored alongside relevant passages from Scripture and the *Catechism of the Catholic Faith*."

Jesus' Journey to the Cross: A Love unto Death by Jeanne Kun COULD BE A LENT STUDY

From the back cover -- "you can follow Jesus on his jubilant entry into Jerusalem, sit with him during his last supper with his apostles, pray with him during his agony in Gethsemane, and stand at the foot of the cross on Golgotha where -- with a love unto death -- he offered his life for our salvation."

Seton Small Groups Resources

Embracing the Kingdom by Rich Cleveland

In this 11-session study, "you will find yourself viewing your life with God in a new light, and you will be nourishing your roots in Catholic faith, culture and tradition." (Taken from the back cover).

Signs and Wonders: Encountering Jesus of Nazareth

From the back cover -- this six-session guide "will help each person understand, for the first time or in a deeper way, who Jesus was and why so many choose to follow him."

One Heart, One Mind: Walking with God Day by Day (Emmaus Journey Bible Studies) by Rich Cleveland (Part of a Series - Seton only has this one resource) From the back cover -- "These studies will help you view your life with God in a new light, and will nourish your roots in Catholic faith, culture, and tradition."

The Evangelical Catholic

Next Step: Volume 1

Find Your True North: Who Guides Your Life;
Explore the Terrain: Basics of Discipleship

Next Step: Volume 2

Hit Your Stride: Maturing as a Disciple;
Become a Guide: Learning to Make Disciples

With Jesus to the Cross

A Lenten guide on the Sunday readings, Year B (other year's available to purchase)

Individual Small Group Studies:

Catholic Teachings of World Religions (The Center for Learning)

Studies the different religions in the world and how Catholicism understands these religions. Not divided into sessions -- meet and discuss as you please.

Sharing Christ's Priesthood by Mike Aquilina

A six-session study that "shows how we are all called to be mediators between God and humanity -- especially during Pope Benedict's year for Priests."

Mystery of the Kingdom by Edward P. Sri

An 11-session study of the Gospel of Matthew that focuses on the kingdom of God. A faithful exploration of Jesus' "kingdom-building" mission.

Everyday Stewardship by Tracy Earl Welliver, MTS

A book filled with over 150 reflections. Copies in Stewardship office From Amazon -- "Packed full of practical examples and inspiring insights, each of these Everyday Stewardship reflections will encourage you to look more closely for God in all the ordinary moments of your life."

Seton Small Groups Resources

God's Surprising Presence by Maureen Fritz

A book of 11 meditations that ask questions and invites one to find answers that can put one on a path to holiness. From the back cover -- "Each meditation focuses on a passage from the Hebrew Scriptures or from traditional Jewish prayers and includes a brief commentary on the passage and several reflection activities to aid in prayer."

Christ Lives by Pope Francis

A 9-lesson study. From the back cover -- "a passionate call for every Christian to embrace their role in the Church, to bring the gospel everywhere, and to meet young people where they are."

Amid Passing Things: Life, Prayer, and Relationship with God by Jeremiah Myriam Shryock, CFR

"A collection of meditations (37 in total) on all the ways God enters our lives, even when we are unaware." By a Franciscan friar. The Mays small group discussed these in 2020 using about 3 meditations each meeting.

Vibrant Paradox by Bishop Robert Barron

The Doane small group discussed these.

Mays small group discussed these in 2020 using about 3 reflections each meeting.